



Do you have ideas for your community?  
Do you run an existing community group?

*"Applying for the Spark Fund was really easy, this money and the support of our connectors has really helped us make a difference to our community"*

A discretionary 'Spark' Fund is available as a 'kick start' enabler. This money is for small scale but sustainable activities that promote a sense of community development, draws and builds upon local assets and encourages growing networks.

Spark funded projects encourage participation and neighbourliness, wellbeing, healthier pastimes, community pride, heritage and Eco friendliness. Applications can also be submitted for arts and cultural based ideas.

If not able to apply for Spark Fund 'Connect Us' can also support existing neighbourhood groups to expand and grow if this is the aspiration.

For more information or how to apply please contact:



Connect Us is a project delivered by Involve Northwest  
Registered Charity No. 1056777 - Company Limited by Guarantee No. 3212268



**'Connect Us' will Connect You!**



**The more you are connected in your neighbourhood  
the better the health for everyone- Everybody Gains!**

- i** Do you want help to feel part of and get involved in your community?
- i** Are you or anyone you know out of work and feeling isolated?
- i** Do you need more information about services and activities in your area?
- i** Do you have the skills and ideas that would benefit your neighbourhood and the people who live here?

**If you have answered yes to any of these questions speak to your  
Community Connector on 0151 644 4516 or [connectus@involenorthwest.org.uk](mailto:connectus@involenorthwest.org.uk)**





## Are you 18 to 64 and in receipt of benefits?

Working with your Community Connector can help you set goals around improving your health and wellbeing by supporting you to link in to resources within your community. This may include, where to access specialist advice around practical issues, social groups, self-help, complementary therapies, training and social groups.

### Connect Us aim to:

- i** Encourage, motivate and support you to feel part of your community.
- i** Provide up to date information and signposting/referring at your doorstep.
- i** Support you to build/expand your personal networks.
- i** Support neighbourhood groups to expand and grow if this is the aspiration.
- i** Inspire belief in positive change and progress for all people.
- i** Engage with you and your community and listen to what is important to you.
- i** Build upon assets and actualise a positive shift for communities.
- i** Improve your health and well being

**Speak to your Community Connector on:**

**0151 644 4516**

Email: [connectus@involvenorthwest.org.uk](mailto:connectus@involvenorthwest.org.uk)  
[www.involvenorthwest.org.uk](http://www.involvenorthwest.org.uk)

## Good Neighbour Scheme

**Are you a good neighbour?**

**Do you feel connected to and know your neighbours?**

**What is the Good Neighbour Scheme?**

Connect Us and the Good Neighbour Scheme is a very simple way of connecting people, neighbours, streets and communities

**What are the benefits of the scheme?**

The Good Neighbour Scheme is aiming to support a way of re-discovering what it is like to live in a road where people know each other, a place where everyone feels valued, even if it's with a simple 'hello'.

**How the scheme will benefit your road?**

- i** Feeling connected increases people's health and wellbeing.
- i** Reduces isolation
- i** Increases community spirit and togetherness
- i** Gets people talking and saying 'hello'

**What do we want you to do?**

All we want you to do is display a good neighbour scheme sticker in your window to show you are proud of where you live and see yourself as a GOOD NEIGHBOUR. You're not expected to give any time if you don't want to, it does not mean you have to commit to community activities or be responsible for people. BUT the more people who display the sticker in the window the more it symbolises togetherness, neighbourliness and a greater overall feeling of living in a friendly, thriving and inclusive neighbourhood.

**I'm a good neighbour**  
Supporting the Good Neighbour Scheme

**Connect Us**  
Your Street - Your Future - Your Community